

INSTRUCTIONS FOR DONATING CORD BLOOD TO THE ST. LOUIS CORD BLOOD BANK



1. Review the information included in this packet.
2. Read and review “The First Gift” brochure.
3. Review the consent carefully and call if you have any questions. Sign one copy and return to the St. Louis Cord Blood Bank (SLCBB). Keep the second copy for your reference.
4. Complete the medical history questionnaire after the 35th week of your pregnancy. Call the SLCBB if you have any questions or need assistance in completing the forms.
5. If possible, mail or fax the completed questionnaire and signed consent to the SLCBB prior to your delivery. Or, you can take the completed forms to the hospital when you go for your delivery.
6. Call the SLCBB at 314-268-2787 or 1-888-453-2673 if you have any questions.
7. **When you arrive at the hospital in labor, remind the staff in Labor and Delivery that you are a cord blood donor and/or give them the reminder card or your completed forms.**

Before Delivery



- A nurse at the SLCBB will review the completed medical history questionnaire and call you if there are any questions, or if it is found you are not eligible to donate.
- A nurse in labor and delivery at your hospital will have you sign the consent.

After Delivery



- After your baby is born, the umbilical cord is clamped, cut and separated from your baby. While waiting for the placenta to deliver, your physician or midwife will do the umbilical cord blood collection. **The birth process does not change if you donate.**
- The blood collected is the blood that is normally discarded after the birth of the baby.
- The entire process is non-invasive, painless, and safe.
- If at anytime your physician or midwife becomes concerned with the health of you or your baby, the cord blood collection will not take place.
- You may possibly be contacted by a nurse after your delivery to check on the health of you and/or your baby.

**Thank you for participating in this life saving program
The donation of your child's cord blood offers hope to others.**